



Your Goals May Be Closer Than You Think

**By Marlene Shiple, Ph.D.
The Life Coach Dr.**

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Whether you realize it or not, every day brings you closer to your goals and dreams. You may feel like you have a long way to go, but *you're closer than you think*. Avoid giving up or getting discouraged. Keep moving forward. Every setback is a learning experience that brings you closer to your goal.

When people tell you all the reasons you'll fail, or when you try to do something but receive a less than perfect outcome, avoid taking to heart. People always have opinions, and they can be - and usually are - wrong. Each failure can be a stepping-stone if you turn it into one. Even professional athletes and actors make mistakes. *It's okay to be human!*

Your successful outcome may arrive next month, next week, or even today. When you stop before you complete your goal or dream, you lose the chance to see yourself completely fulfilled and reach the destiny that you were created for. *You just might be hours away from your goals!*

How to Keep Moving Forward

Moving forward is critical to reaching your goal, and you can find ways to keep going each and every day. *When you look for ways to move ahead, you inch closer and closer to your goal.* As you see it getting closer, you'll put in a greater effort to reach it. That speeds up the process and it makes you happier and healthier, both mentally and spiritually.

The correct approach for you depends on how you work best. Thankfully, there are plenty of things you can do to stay on the right path until you reach the goal that you've set for yourself. You can:

- Keep a journal so you can keep track of what you've accomplished every day.
- Surround yourself with like-minded people who are also interested in achieving a common goal.
- Remove negativity from your life by choosing to focus on happiness and joy.
- Stay busy, instead of allowing yourself to just sit around and make excuses.

Reaching Goals Can Mean Significant Life Changes

Remember that reaching a goal can mean a dramatic change in your life.

This is often a change for the better, however. With change comes uncertainty, and uncertainty is uncomfortable for many people. If you're willing to leave your comfort zone, you can experience an abundant life of prosperity and joy that is filled with everything you've always dreamed about. Embrace the changes that lead to the future you deserve.

It's important that you understand the value of change and accept that it can bring much good to your life.

Certainly, there are unpleasant changes that can occur in your life. However, if you keep taking steps forward toward your dreams, most of the change you'll experience will bring satisfaction to your heart and fulfillment to your soul.

Accept, enjoy, and celebrate the changes that come into your life.

Learn to be comfortable with being *uncomfortable*, and you'll be in the driver seat toward your destiny. If you confidently go after what you want, you can confidently expect that the changes you experience will be positive ones. Keep an open mind and a positive attitude. Expect success and you *will* attain that success!

RESOURCES:

For more information and assistance to accomplish YOUR Goals, visit:

[*The Life Coach Dr.*](#)

[*The Hypnosis Dr.*](#)

[*Health & Healing Blog*](#)

[*Hypnosis for Goal Achievement*](#)



- Do you have Goals that You want to enjoy accomplished?
- Have you given up on seeing Your Goals become a Reality?
- Are you eager to accomplish MORE in Your Life?

Learn more about achieving Your Goals ... TODAY!!

Contact:

Marlene Shiple, Ph.D.
The Life Coach Dr., at:
<http://thelifecoachdr.com/coach/>
(602) 266 - 6662